

Per Item Costs June 15 2019

Item	Material	Labour	Kitchen	Investment & Admin	Package		Total Cost Per Item
Pumpkin Seed Butter Jar 245 grams	2.80 average. based on PS cost avg. \$11.25kg	0.35 estimate	0.25 estimate	0.10	1.40		4.90
Power Balls 20g. +	PS 0.23 + other ingredients avg. est. 0.15 Total 0.38	0.30 est.	0.25 est.	0.10	0.01		1.04
Choc Miso Bar	0.90 avg. est.	0.35	0.25	0.10	0.08		1.68
Special Butters with Cashew Jar 245 g.	5.00	0,35	0.25	0.10	1.40		7.10
Cookies							1.42

1. . Low-balling costs of Labour, Investment & Admin, and not counting the cost of Marketing as an item cost, is how we Operate at a Loss while still generating Profit per sale.
2. Volunteers enables us to keep costs down
3. We have to increase income to cover the actual costs